

EGD Instructions

IMPORTANT:

1. STOP Iron tablets 1 week before your procedure.
2. STOP Phenteramine, and other weight reduction medications 2 weeks before your procedure.
3. You must notify the office of all prescriptions you are taking. Patients with diabetes or heart disease may need specific instructions.
4. It is critical that you notify the doctor if you take **Aspirin, Plavix, Coumadin (Warfarin), Effient, or Pradaxa.**

REMEMBER:

1. DO NOT Eat: Raw fruits, nuts, raw vegetables, or fiber supplements 3 days before your procedure.
2. DO NOT Chew gum or have hard candy the day of your procedure.
3. DO NOT Smoke the day of your procedure.

DAY OF THE PROCEDURE

1. You may not eat anything including gum and hard candy.
2. You may drink clear fluids only up to 4 hours before your procedure.
3. You must have someone to drive you home because you will be receiving intravenous sedatives.
4. If on blood pressure, seizure, anxiety or thyroid medications please take as directed with a small sip of water.
5. Do not take diabetes pills.
6. Decrease your insulin dose by ½.
7. You may brush your teeth but do not swallow.

If you use inhalers bring them with you to the Endo Center.

You MUST have someone drive you home, you will be given intravenous medication to make you drowsy.

Please call us immediately if you have any questions or concerns.

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