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**FibroScan - Patient Guidelines**

**A painless, non-surgical alternative to liver biopsy**

FibroScan measures the stiffness of the liver using a technique similar to ultrasound. Physicians use this technology to examine liver scarring, or fibrosis, caused by a number of liver diseases. An accurate measurement of liver stiffness can be an important part of evaluating overall liver health.

**How FibroScan works**

FibroScan emits a small pulse of energy, which may feel like a slight vibration on your skin. FibroScan calculates the speed of this energy to give the physician an immediate measure of your liver stiffness. The exam is painless, quick, and easy.

**Is FibroScan right for me?**

FibroScan may be used with patients of all ages. Your physician may recommend FibroScan to help better understand the condition of your liver and plan your treatment.

**What to expect during your FibroScan exam**

* You will lie on your back, with your right arm raised.
* A water-based gel will be applied to the skin and the probe will be placed on the right side of your ribcage.
* During the exam, you man feel a slight vibration on the skin as the probe delivers ultrasound waves to the area for measuring purposes.
* The exam typically takes 10-15 minutes and requires no sedation.
* Results are available very quickly.
* You physician will review your results and communicate them to you and your primary care physician.

**Preparing for FibroScan is simple**

Wear comfortable clothing and **no food or drink for at least 3 hours prior to your exam**. A loose shirt and slacks or skirt are recommended. You cannot have a FibroScan if you are pregnant or have an implantable device, such as a pacemaker or defibrillator.

Please bring your insurance card and photo ID the day of your exam. Should you need to cancel or change your appointment, please call our office.