

**PLENVU**<sup>®</sup>  
Powder for Oral Solution  
PEG 3350, Sodium Ascorbate, Sodium Sulfate, Ascorbic Acid, Sodium Chloride, and Potassium Chloride  
140g | 48.1g | 9g | 754g | 5.2g | 2.2g

## GETTING READY FOR A COLONOSCOPY?

# Tips on taking PLENVU<sup>®</sup>



### PLENVU<sup>®</sup> has 2 dosing flavors for a positive bowel prep experience\*

It's important to take PLENVU<sup>®</sup> exactly as prescribed. Your healthcare provider will tell you to take the 2-Day Split-Dosing option or the 1-Day Morning Dosing option.<sup>†</sup>



DOSE 1: MANGO DOSE 2: FRUIT PUNCH

When taking PLENVU<sup>®</sup>, refer to your instructions for use, but keep these steps in mind:

**Dose 1 (Pouch labeled Dose 1):**        Date        at        Time       



1/ Use container provided to mix PLENVU<sup>®</sup> powder with at least 16 ounces of water until completely dissolved. This may take 2 or 3 minutes.

- Slowly drink and finish the dose within 30 minutes
- Try drinking it through a straw and have some hard candies or mints (no red, blue, or purple)



2/ Refill same container with at least 16 ounces of a clear liquid, like water or lemonade

- Again, finish drinking within 30 minutes



3/ Drink additional clear liquids between your 2 doses of PLENVU<sup>®</sup>

- Some examples include water, ginger ale, seltzer, clear broth soups, sports drinks, clear fruit juice, and popsicles (without pieces of fruit or pulp)

**Dose 2 (Pouches A & B):**        Date        at        Time       



4/ Once it is time for you to take dose 2, **repeat steps 1-3 with Pouch A and Pouch B (to be taken together).**



**Remember to wait until the time that your healthcare provider instructed before starting your second dose of PLENVU<sup>®</sup>.**

**NOTE:** Stop drinking liquids at least 2 hours before your colonoscopy or as recommended by your doctor. You'll need to finish both doses of PLENVU<sup>®</sup> to complete your prep. It is important to take PLENVU<sup>®</sup> exactly as directed by your healthcare provider. PLENVU<sup>®</sup> may affect how other medicines work. If you need to take any other medicines by mouth, take those medicines at least 1 hour before starting each dose of PLENVU<sup>®</sup>.

\*Based on diary ratings given by patients who took PLENVU<sup>®</sup> or Suprep<sup>®</sup> during a clinical trial. There were no differences between the ratings given for easy-to-follow instructions, easy to drink, effectiveness of bowel cleansing, and interference with normal daily activities

<sup>†</sup>If instructed to take the 1-Day Morning Dosing option, both doses will be taken on the same day as your scheduled colonoscopy

### ADDITIONAL HELPFUL TIPS

#### PLENVU<sup>®</sup> CAN BE REFRIGERATED

Drink within 24 hours after it's mixed with water



#### STAY NEAR A BATHROOM

Your first bowel movement will likely happen 1 to 2 hours after you first start taking PLENVU<sup>®</sup>



#### AVOID CERTAIN BEVERAGES

Includes alcohol, milk, red or purple colored liquids, or drinks containing pulp



#### STAY HYDRATED

It is important that you drink clear liquids before, during, and after your prep



#### WATCH HOW TO TAKE PLENVU<sup>®</sup>

Scan to visit [myPLENVU.com/how-to-take](https://myPLENVU.com/how-to-take) for full dosing instructions and to watch videos about the convenient dosing options for PLENVU<sup>®</sup>

#### INDICATION

PLENVU<sup>®</sup> (polyethylene glycol 3350, sodium ascorbate, sodium sulfate, ascorbic acid, sodium chloride, and potassium chloride for oral solution) is a prescription medication used by adults to clean the colon before a colonoscopy.

#### IMPORTANT SAFETY INFORMATION

• Do not take PLENVU<sup>®</sup> if you have a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestine (bowel perforation), problems with food or fluid emptying from your stomach (gastric retention), a problem with food moving too slowly through your intestines (ileus), a very dilated large intestine, or an allergy to any of the ingredients in PLENVU<sup>®</sup>.

**Please see additional Important Safety Information on reverse side and accompanying full Prescribing Information.**

### **IMPORTANT SAFETY INFORMATION** *(continued)*

- PLENVU® and other bowel preparations can cause serious side effects including loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in body salts with PLENVU® is higher if you have heart problems, kidney problems, or take water pills, high blood pressure medicine, or non-steroidal anti-inflammatory drugs (NSAIDS).
- Your healthcare provider may do blood tests after you take PLENVU® to check your blood for changes. Tell your healthcare provider right away if you have any symptoms of too much fluid loss (dehydration) including vomiting, dizziness, heart problems, kidney problems, seizures, dry mouth, urinating less often than normal; headache, or feel faint, weak, or light-headed, especially when you stand up.
- PLENVU® can cause ulcers of the bowel or bowel problems (ischemic colitis). Tell your healthcare provider right away if you have severe stomach-area (abdomen) pain or rectal bleeding.
- PLENVU® can cause serious allergic reactions that may include skin rash, itching, raised red patches on your skin (hives); swelling of the face, lips, tongue, and throat; and kidney problems.
- The most common side effects in patients taking PLENVU® were nausea, vomiting, dehydration, and stomach pain or discomfort.
- Tell your healthcare provider about all of your medical conditions and medicines you take, including prescription, non-prescription medicines, vitamins, and herbal supplements before you take PLENVU®.

These are not all the possible side effects of PLENVU®. Ask your healthcare provider for more information.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call **1-800-FDA-1088**.

For product information, adverse event reports, and product complaint reports, please contact:

Salix Product Information Call Center

Phone: 1-800-321-4576

Fax: 1-510-595-8183

Email: [salixmc@dlss.com](mailto:salixmc@dlss.com)

**Please see additional Important Safety Information on reverse side and accompanying full Prescribing Information.**



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