

**Peg-3350 Instructions**

**IMPORTANT:**

* STOP Phenteramine and other weight reduction medications (including injections such as Wegovy, Ozempic, and Mounjaro) 1 week before your procedure.
* STOP iron tablets 1 week before your procedure.
* You must notify the office of all prescriptions you are taking. Patients with diabetes or heart disease may need specific instructions.
* It is critical that you notify our office as soon as possible if you take any blood thinners such as **Aspirin, Plavix, Coumadin (Warfarin), Effient, Pradaxa, Eliquis, or Brilinta.**

**Failure to follow these directions may result in your procedure being rescheduled.**

**REMEMBER:**

* DO NOT EAT: Raw fruits, nuts, vegetables, or fiber supplements 3 days before your procedure.
* DO NOT: Chew gum or have hard candy the day of your procedure.
* DO NOT smoke (vaping, tobacco, marijuana, or illicit drugs) on the day of your procedure.

**DAY BEFORE THE COLONOSCOPY:**

* You are to have only **CLEAR LIQUIDS** avoiding **RED OR PURPLE LIQUIDS**. Clear liquids include juices without pulp, water, broth, black coffee, black tea, and Gatorade.
* You may have Jell-O, soda (7-Up, Sprite, Starry, Ginger Ale), and popsicles so long as they are not colored red or purple.
* DO NOT consume solid foods, milk, or milk products.

**Peg-3350 INSTRUCTIONS**

* Fill your prescription for the laxative.
* You will need to purchase a small box of over-the-counter Dulcolax tablets (you will only need 2 pills).
* **Any time after 12:00PM, the day before your procedure you can start your prep.**
	+ Take 2 Dulcolax tablets with water.
	+ Begin drinking half of the solution: 8 oz, every 20 minutes.
		- If you experience severe discomfort or bloating, you may wait longer between glasses but you should continue to sip.
	+ 2 hours later, begin drinking the remaining 1/2 of the solution: 8 oz, every 10-15 minutes.

**DAY OF THE PROCEDURE:**

* **You may not eat or drink anything**.
* If you are on blood pressure medications, seizure, anxiety, or chronic pain medications, take as directed with a small sip of water.
* Do **NOT** take diabetes pills.
* If you are on insulin, decrease your dose by 1/2 .
* If you experience vomiting, please contact the office or the on-call physician.
* If you use inhalers, bring them with you to the EndoCentre.

**\*\*Reminder\*\*** You MUST have someone drive you home given you will receive intravenous medication that makes you drowsy.

**Please call us immediately if you have any questions or concerns.**

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